

# CYO SPORTS UPDATE

CYO sports are open for all St. Vincent de Paul and St. Theresa parishioners.

## Mandatory Parent Like A Champion Workshop Registration

To register a child athlete in a CYO Athletics sports offering (Grades K-8), it is mandatory that one parent/guardian register and complete the 1-hour Parent Like a Champion Workshop. This is a one-time requirement. The workshop is now offered virtually online.

Click "Use Coupon Code" and Enter "**Parent2025**" - **DO NOT PAY FOR THE COURSE**

<https://www.teamsideline.com/sites/seattlecyo/content/34433/Parent-Like-a-Champion-Today>  
or scan QR code →



## Fall Sports Photo Day is Monday, 10/14

(Soccer & Cross Country)



Check your email for details

## Soccer (K-8)

Join us at the games and support the teams! Good luck this season!

2<sup>nd</sup> Grade Boys



5<sup>th</sup> Grade Boys



7<sup>th</sup>/8<sup>th</sup> Grade Boys



Last HOME game this season for 2<sup>nd</sup> boys' team is Saturday, 10/19 at 8:00 AM.

## Basketball (4-8)

Registration\*\* is **STILL OPEN!** Practices is happening now.  
Regular Registration ends **November 1<sup>st</sup>**.

\*\*\*Teams that do not have enough players registered will be combined to "play up" into the next grade level

7<sup>th</sup>/8<sup>th</sup> Boys

Tuesdays and Wednesdays\*\*

3:30-5:00

(\*\*Moved to Thursdays after Soccer)

6<sup>th</sup> Boys

Mondays 6:00-7:30

Thursdays 6:30-8:00

4<sup>th</sup>/5<sup>th</sup> Boys

Wednesdays 4:30-6:00

Fridays 5:00-6:30

7<sup>th</sup> Girls

Tuesdays and Fridays

6:30-8:00

5<sup>th</sup>/6<sup>th</sup> Girls

Tuesdays and Thursdays

5:00-6:30

4<sup>th</sup> Girls

Mondays 3:30-5:00

Fridays 4:00-5:30

Uniforms are a separate costs and need to be ordered by **October 18<sup>th</sup>** to arrive by the first game.



For more information and for registration for CYO please visit

[www.stvs.us/parents/cyo.cfm](http://www.stvs.us/parents/cyo.cfm) (click on TeamSideline link) or scan QR Code.

\*\*Please create an account, so you don't miss out on announcements for registrations or special events from CYO.\*\*\*

Basketball Coordinator: James Pogue  
([cyobasketball@stvs.us](mailto:cyobasketball@stvs.us))

CYO Athletic Director: Barbara Gambill  
([cyo@stvs.us](mailto:cyo@stvs.us))



**NEEDED: Track & Field Head Coach and Assistant Coaches.**  
Please contact the Athletic Director if interested.